

December



THRIVE Memphis

Monday	Tuesday	Wednesday	Thursday
	1 9:30 Here and Now Huddle 10:00 Yoga / Stretch 10:45 Outside / Mask Break 11:15 Group Activity 12:00 Lunch 1:00 Group Activity 2:30 Outside / Mask Break 3:00 Free Time	2 9:30 Here and Now Huddle 10:00 Horse Therapy 12:00 Lunch 1:00 Group Activity 2:30 Outside / Mask Break 3:00 Free Time	3 THRIVE Memphis Closed (Home for the Holidays Fundraiser)
7 9:30 Here and Now Huddle 10:00 Yoga / Stretch 10:45 Outside / Mask Break 11:15 Group Activity 12:00 Lunch 1:00 Group Activity 2:30 Outside / Mask Break 3:00 Free Time	8 9:30 Here and Now Huddle 10:00 Yoga / Stretch 10:45 Outside / Mask Break 11:15 Group Activity 12:00 Lunch 1:00 Group Activity 2:30 Outside / Mask Break 3:00 Free Time	9 9:30 Here and Now Huddle 10:00 Horse Therapy 12:00 Lunch 1:00 Group Activity 2:30 Outside / Mask Break 3:00 Free Time	10 9:30 Here and Now Huddle 10:00 Yoga / Stretch 10:45 Outside / Mask Break 11:15 Group Activity 12:00 Lunch 1:00 Group Activity 2:30 Outside / Mask Break 3:00 Free Time
14 9:30 Here and Now Huddle 10:00 Yoga / Stretch 10:45 Outside / Mask Break 11:15 Group Activity 12:00 Lunch 1:00 Group Activity 2:30 Outside / Mask Break 3:00 Free Time	15 9:30 Here and Now Huddle 10:00 Yoga / Stretch 10:45 Outside / Mask Break 11:15 Group Activity 12:00 Winter Pizza Party **No Lunch Needed** 1:00 Group Activity 2:30 Outside / Mask Break 3:00 Free Time	16 THRIVE Memphis Closed (Winter Break)	17
21	22	23	24
THRIVE Memphis Closed (Winter Break)			
28	29	30	31
THRIVE Memphis Closed (Winter Break)			